

# 7. Mirrors and blind spots

## Adjustment

- Adjust mirrors from your normal seating position
- Avoid touching the glass
- Adjust for maximum rear view

## Use mirrors well before

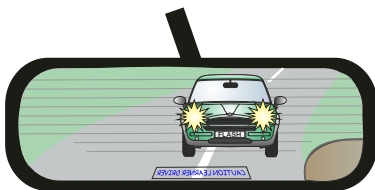
- Moving off
- Signalling
- Changing direction or road position
- Changing speed
- Opening doors

## Method

- **MSM**
- Quick glances
- Minimum head movement
- Use mirrors in pairs
- Dipping mirrors for use at night

## Blind spots

- Areas not covered by mirrors
- **Always** check before moving off
- Consider a **brief check** before turning right



Flat mirror



Convex mirror

